



A Light Shineth in the East

Disciples of Yogi Gupta wishes you a very Merry Christmas and a Happy and Peaceful New Year! We are proud to count 2012 as the year that we organized into an association to promote the Mission of Yogi Gupta, as symbolized by the Shanti Light shining at dusk on the top floor of the Om Trayambeshwar Temple at Kailashananda Mission Trust (KMT) in Laxmanjhula, India. The Brahmin priests keep this light lit 24 hours a day, every day, rain or shine, while conducting a devotion for world peace known as the Shanti Path. Yogi Gupta established this Shanti Path at the Mission as a most powerful method to eliminate spiritual darkness to attain a more peaceful world.

Mission photos taken by Rhamba

Yogi Gupta's Mission in India may seem like a long way off, but just looking at some photographs helps to bring things closer. When Yogi Gupta's disciple Rhamba returned from her 2010 Kumbha Mela pilgrimage to the Mission, she brought back several beautiful photos of the Mission, the Ganges River and surrounding areas thronged by multitudes of pilgrims. You can see the photos [here](#).

Spring pilgrimage to Laxmanjula

Plans are afoot for another holy pilgrimage to Mother Ganges, Laxmanjula and the Mission this spring. This will be a very important trip, not only personally for each individual, but also to foster closer ties between Yogi Gupta's disciples and devotees in the West and his Mission in India. If you are interested in going on this pilgrimage, please [let us know](#).

Christmas Flowers of Devotion

One thing that clearly stands out in the photos of the Mission buildings is that they could use some

maintenance. Also, disciples who have visited the Mission report that many of the buildings are not fully used due to lack of funds. There has been a definite scaling back in Mission operations. Disciples of Yogi Gupta is committed as an organization to helping Yogi Gupta's Mission both in India as well as here in the West. We would like to help KMT maintain its financial footing so that temple buildings do not crumble and the Brahmin priests and KMT staff can continue their service to Humanity. Disciples and Devotees who wish to make a donation to KMT can follow [this procedure](#) for mailing cashier's checks or sending wire transfers. On-line Paypal or credit card methods of payment are not yet available.

KMT website.

As Yogi Gupta described in Yoga and Yogic Powers, "In *Kailashananda Mission*, situated in the Himalayas in India, of which I am the founder and life-time president, live many *Siddhas* (the Perfected Yogies) with accomplished psychic powers. They live there invisible to the naked eye, but they materialize at will when they want to. The Mission is situated on Manikoot Hills in *Rishikeshi*. It is the most sacred place for spiritual enlightenment. Many Yogies achieved spiritual enlightenment at this place. It is fully charged with spiritual vibrations which help a disciple to develop quickly on the spiritual path. Due to the spiritual significance of this place, many *Siddhas* live in the Mission." We would very much like to collaborate with KMT to create a KMT website, a on-line portal into the life of Yogi Gupta's Mission in India. The activities in this sacred place, of the temples, the religious services, Shradha, Navaratra, Sivaratri, the planetary paths, the preparation of the herbs and Astro-

Divine Remedies, Nature Cure Sanitorium, Pilgrims' Guest House, all should be maintained or revived through increased contact with the West. The website will allow persons to more easily make their requests or donations to KMT. If you would like to contribute your time to this effort or make a donation toward this effort [please let us know](#).

Guruji's books in ebook format

As we announced recently, Yogi Gupta's classic book, *Yoga and Long Life*, is now available as a Kindle ebook on Amazon.com. Although it was first published over 50 years ago, it remains the best all-around textbook on hatha yoga for average students. To find it on Amazon, go to their [Kindle Store](#) and search for "*Yoga and Long Life*".

As our next project, we are now in the process of preparing an ebook version of *Yoga and Yogic Powers*.

DYG incorporation

To strengthen our legal standing, we are planning to incorporate as a non-profit religious corporation. This will make it easier to accept donations in the name of the organization and to obtain tax-deductible status for donations. However, there are lawyer fees and fees from the government agencies that are involved. If you would like to make a financial contribution toward incorporation [please let us know](#).

Let us know what you think!

We welcome your comments, questions, feedback, or requests to add you to our mailing list, you can send us email at info@disciplesofyogigupta.org. We've also started a [DYG Facebook page](#). If you are interested in volunteering, we would love to have you join us!