



My Personal Experience With Yogi Gupta

It is a long and steady process when you learn from the Guru. As He says; the log is first wet and dries before it is ignited and burns robustly.



The Guru directs a holy observance in honor of Lord Shiva

I first was introduced to the Guru by reading *Yoga and Yogic Powers*, recommended by Swami Jnananand. I have read this book countless times, and always learn something new as if I'm reading it for the first time. The book transformed as I read it, becoming alive and taking on the esoteric and masterly form of the Guru Himself. This book is certainly meant for a very mature ear. I had my tumbles and falls when I first began reading it because I had not all good intentions. Whether it was just me or also the influence of the book, things did get worse before they got better. You have to be careful and keep good contact with your family preceptor. Always stay aware as the Guru says this is 50% of the spiritual path. But there is no need to be afraid because, as the Guru teaches us, we can always recover from our mistakes and become stronger. Guru will teach you to do just that and turn your faults into strengths. As all issues start with the mind, all can be fixed with it too. Under Father Guruji's wing, all goes according to plan. The earlier you take on Yogi Gupta as your spiritual Guru, the better.

Keeping your preceptors close, and counteracting the negative influences of the planets will ensure that you become a shining star. Nothing good in this world comes easy, so the Guru will inspire you to work towards the future. He has been my hero ever since He came into my life. By reading that book countless times and working the mind within His scientific philosophy, you can become very skilled. I would suggest taking notes, the big green copy of *Yoga And Yogic Powers* even has much space provided for this. Of course He has another good book, *Yoga and Long Life*, and other good teachings available in the YGS newsletters. As Swami Jnananand said, "Guruji will provide". All you have to do is believe in Him and you will always be okay.

Guru is the loving father that tends to His flock and saves countless lives. We can all be as humble and victorious as Him healing others along the path. Guru will give you a long and peaceful life full of joy. With a fire in His eyes, He is the man who enriches a unique life and

protects our families. First give compassion to Guru, then you will give compassion to the world.

Om Shanti

— *Krishna Prasad*



Valley of the Saints – Ganges River with Sita Ram Dam Temple on the left and Om Tryambakeshwar and Swarg Niwas Temples on the right.

Kriya Yoga (Part 3)

Continuing from Yogi Gupta's Self-Realization Course, the discourse between the devotee Uddhava and Lord Krishna (See Part 2 of this article in the [2017 Winter Issue of the Newsletter](#)):

Why do Kriya Yoga? In order to free yourself from the vicious cycle of birth and death. So you don't create any new karmas and any karmas that you already have get destroyed.

Continuing the benefits of Tantra Yoga:

Wearing a specific herb as a medallion cures fits. By tying an herb called sura around the waist, a person gets rid of hemorrhoids. There are precious stones for kidney stones. There are alchemic preparations for asthma. For easy teething there is a stone called datane ("dat" means teeth). There is another herb called vatak which when worn around the neck prevents miscarriages. There is a tantric thread for easy childbirth, another tantra to prevent pregnancy, and another for irregular menstruation. There is a tantra for virility, which is tied on the upper right arm. There is a tantra to prevent all diseases. There is a fumigation tantra to know the future, and also a creeper to know the things of the future. There is another tantra to prevent fear of theft. There are other tantras to know things of the future. There is a collyrium made from the root of the uchi herb that takes away all miseries and sufferings. By the fumigation of a certain herb, you can know all the secrets in a person's heart. There is a stone in the form of a kidney [to cure kidney diseases], and there is a stone like an owl's eye [for better vision]. Then there are so many types of rudrakshas [to remedy so many types of problems]. These are just a few examples, just the tip of the iceberg.

Before you start any of these tantras, you must be

initiated into Sacred Thread.

[In Kriya Yoga] you perform puja to me with great devotion (inwardly, in your heart, not externally) conceiving of me in the form of your Guru or Parents, whichever is convenient. Then with the holy articles of Astro-Divine Remedy, for example, the articles used in Surya Puja, so you follow that procedure here. So you do the puja of the Lord in the form of the Guru either in the form of a statue or of Agni (fire), which is created during the Yagna when you perform the Havan.

Lord Krishna gives so much freedom of choice. Or you do the puja in the vedi, [the fireplace, i.e., havan kund], created with incense, sindoor and sandalwood powder. The priests create the statue, [the body], arms and legs, etc., from these articles, or [you create the image of] Lord Surya, when you do the Sun Worship, or the worship of the brahmin, because the good qualities are contained in the brahmin, because his job is to disseminate the divine knowledge through the courses in the scriptures. God is projected to the listener in the form of the courses, because the Word of God is God. So you worship the brahmin and see the Lord in the brahmin. If you have difficulty in finding the brahmin, the easiest thing is [internal puja in] your own heart; that is your own temple, your inner sanctuary. When you lose a body part, your eyes, for example, it is a gross material object, but you don't lose the power of sight, which is in the mind. It doesn't change the seer, who always has perfect vision, only the flesh becomes bad. A blind person can see in dream. A deaf man can hear music in the dream. You should see everything in the spiritual aspect, not the corporal.

The best time is in the morning, after washing, i.e., taking a shower, then while chanting mantra apply vibhuti or sandalwood powder or whatever is pleasing to the Lord, to the upper chakras (heart chakra and above). After that, begin the practice of Kriya Yoga, i.e., start with Sandhya Vandan, a type of prayer to the Lord, then begin Kriya Yoga with a firm determination (you make up your mind not to get involved in something else. Your intellectual frame gets involved when you make a firm determination).

The blemishes of the minister touches the king because the government belongs to the king. The blemish of the wife touches the husband. The sins of the disciple, without a doubt, are visited upon the Guru, because the Guru is the disciple's well-wisher. Naturally, if somebody is attacking you on the street and somebody else tries to help you, then the attacker also attacks your well-wisher. If your stars want to hurt you, they want to hurt somebody who is dear to you. You should request services not only for yourself but for your Guru as well. Some disciples have already requested services in the past. If the Guru is protected, the disciple is protected. When the Guru accepts a disciple, the Guru takes on the disciple's destiny and shapes it. There is an intermingling of the two consciousnesses. Naturally, all that a disciple does affects the Guru. This is how the collective sins of the disciples leave a mark on the Guru, even physical damage on the Guru.

Because planetary influences are destiny, you can

make effort, through paths and spiritual practices, to change the planetary influences, for example, through Kriya Yoga consisting of vedic and tantric systems. There are eight types of tantric systems. There are tantras for relief from maladies, for prosperity, and for spiritual knowledge and self-realization. Tantras consist of [articles of] alchemy, chemistry and physics. Tantras are of four categories, and eight main types. Tantras include abhisheka, certain types of dress (such as angarakchak – i.e., silk scarves), yantra, ratna (precious stones), oshadhi (ointments), rudraksha and seeds of other Divine herbs, liquids (collyrium, tilak, etc.) and pukchak (mantra), vibhuti, incense, spiritual colored dress, chowri, dwajas (flags with various symbols printed on them).

The Lord continues:

The devotee can successfully use eight different forms of Kriya Yoga. My image is used; a statue, either of stone, wood such as sandalwood, metal or clay, or a painting, or handmade from sand or from precious stones and gems.

— *(Disciple notes from Yogi Gupta's Self-Realization classes given on April 29 and May 6, 1998 and Satsang lecture given on May 9, 1998)*



Akasha Ganga descending to Earth through Lord Shiva's hair in order to wash away the sins of the Pitries



Yogi Gupta and two unidentified American disciples. This photo is on display in the Swarg Niwas Temple, Laxmanjhula, Rishikesh

Shradha

Shradha – offering food, water, mantras and blessings to the departed relatives and ancestors – is an essential and necessary duty in life. Through Shradha, a new body is provided for the ancestor's spirit, who is thus aided in its progress from lower worlds to higher. The departed ones receive the benefit of Shradha even though they have been born again.

Everyone has this obligation toward deceased relatives and the manes. Deceased spirits expect from their living relatives performance of Shradha rites. The Manes get pleasure and satisfaction from it and in return, they favorably influence the family fortune and happiness of the performer. Through Shradha the performer gets peace, happiness, success, and affluence, and achieves fulfillment of his worldly obligations and responsibilities.

Shradha will be performed from September 24th to October 8th on the bank of the Ganges River with Tarpan, Pind Daan, clothes distribution, Bhandara and Brahmin Dakshina. The gifts and feasts made on behalf of the departed souls of your ancestors are received by the said souls as the fruits of their own acts, and the sense which they thus acquire fills them with better hopes and desires for their future state, and "hence rises the hope of redemption by means of the redeeming Son of Man." The contribution to YGS for each Shradha beneficiary is \$110.00 USD.

2018 Shradha and Navaratra

The Yogi Gupta Society is pleased to announce that Shradha and Navaratra will be performed this year in India on the bank of the Ganges River by Brahmin priests. As was done last year, these sacred ceremonies will be held directly under the auspices of the Yogi Gupta Society.

Sponsors are expected to sponsor it yearly, they should provide YGS with the full name and dates of birth and death for the deceased and inform YGS of their wishes as soon as possible before the Shradha dates.



Durga Ma with Divine Weapons riding a lion. Photo of Durga Ma shrine at Sita Ram Dam Temple

Navaratra Path

This worship of Divine Mother Durga Ma, who rides a lion and wields weapons to destroy the evils of mundane existence is conducted in India by the Brahmin priests in the manner prescribed by Guruji in years past. The Autumn Navaratra has a high significance and brings great blessings occurring as it does at the end of the rainy season that has washed away all the dirt of the earth and has brought the bright, clear and charming autumn.

The Brahmin priests during nine days of Navaratra live a life of austerity, i.e., sleeping on the floor, eating only satvic food, and praying and chanting the mantra of the scripture, *Durga Sapta Satee*, and perform yagna on the ninth day and beg for the Grace of Mother Durga on your behalf for the fulfillment of your specific desire you have requested. Navaratra will be performed from October 9th to October 18th, with Paths, Havan and Kanya Poojan, Bhandara and distribution of Dakshina. On such an occasion, the following benefits may be obtained by the worship of the Goddess Durga on the dates above.

- No. Benefit
1. Victory over enemies.
 2. Deliverance from poverty, adversity, fear and pains.
 3. Prevent calamity and grief in your life.
 4. Protection from all the afflictions and evil influences.
 5. Protection from troubles caused by supernatural spirits.
 6. Protection and freedom from physical, mental and emotional problems.
 7. Protection from fire, weapons and burglaries.
 8. Freedom from bad dreams and negative influences of bad stars.
 9. Protection from fire accidents.
 10. Deliverance from all kinds of sufferings.
- No. Benefit
11. Bestowing upon one fame, glory, riches, wealth, prosperity, satisfaction of heart-felt desires (whether temporal or spiritual) and wisdom.
 12. Attainment of long life.
 13. Attainment of the desired goal.
 14. Avoidance of accidents and unexpected death.
 15. Prevention of physical, material and spiritual agonies.
 16. Achievement of happy marriage and satisfying family life.
 17. No separation from one's dear ones, whom you love.
 18. Achievement of self respect and respect in society.
 19. Achievement of good luck and victory over all obstacles.
 20. Welfare, success and joy to the family.
 21. Attainment of spiritual knowledge here and salvation hereafter.

May Durga Ma grant you the blessing you seek.

Making Donations or Requests to YGS

To make your request, the donations for these services are unchanged from last year; the donation for each Shradha beneficiary in the request is \$110.00; the donation for each Nav-Durga beneficiary in the request should be accompanied by \$120.00. There is a \$15.00 mailing and handling fee for the entire request together, payable to Yogi Gupta Society, Inc. The deadline for receiving requests is August 24, 2018. There is a late charge of \$75.00 for any requests received after August 24, 2018.

Donations or requests for Religious Services or Paths to be performed by Hindu priests on the banks of the Ganges River in India can be made to YGS via Paypal to payments@yogiguptasociety.org. YGS will also accept cashier's check, USPS money orders or personal checks made out to "Yogi Gupta Society, Inc." Patrons should include instructions for their requests, which we will forward to the Brahmin Priests in India along with the payment. For requests other than yearly Shradha or Nav-

Durga Path, there is a \$75.00 mailing and handling fee. Please include the appropriate mailing and handling fee in your payment to YGS. Early payment is advised if paying by check to allow sufficient time for the check to clear.

Requests can be made by email to: info@yogiguptasociety.org, or by mail to:

Yogi Gupta Society, Inc.
629 W. 170th St., Apt. 2B
New York, NY 10032



Om Tryambakeshwar and Swarg Niwas Temples.

Yogi Gupta's 30-Day Rejuvenation Program

There is a well-known 30-day fast described in the Yoga Bible course that Yogi Gupta gave called the Chandraya Vrata, which follows a cycle of the Moon to determine how many handfuls of food (or calories) to consume each day. On the first day of the fast, on the full Moon day, one can eat 15 handfuls of food, on the second day 14 handfuls, on the third day 13 handfuls, etc., on down to the new Moon day, when no food is consumed. Then, as the Moon waxes, the amount to consume each day increases by one handful until the last day, when the full 15 handfuls of food can be eaten. It is a simpler fast than Yogi Gupta's own 30-day rejuvenation program, but He explained that His program is superior to the Chandraya Vrata. He also added that the scriptures were written by Acharyas and He is also an Acharya, so is fully qualified to amend scriptures.

Yogi Gupta, as part of His Nature Cure recommendations, provided to many of His students a wonderfully

effective 30-day Rejuvenation Program. It is a program of yoga and yoga food concepts, breathing exercises and relaxation that cleans out impurities from the organs and cells of the body, even down to the bones and other hard-to-reach tissues, that then allows the body's cells to regenerate. The program is not just for a particular part of the body or just for a particular health problem, but is systemic and rejuvenates the whole system, and hence rejuvenates each local body part as well.

For this naturopathic program, He counseled that for quickest results, will power and firm determination are needed in order to have robust health restored and the whole system rejuvenated and reinvigorated "at God Speed with remarkable results in no time." At least 24 hours before one starts the 30-day program and also during the 30-day program, one must avoid white bread and white flour products, sugar, potatoes, pastries, puddings, pies, milk puddings, refined cereals (such as rice, tapioca and porridge), regular tea, coffee, alcohol, condiments, pickles, sauces, meat and other flesh foods, butter and other fats and oils, cream, and animal fats like lard. Even after the 30-day program, only take these foods occasionally if all one's ailments are completely gone, in order to prevent recurrence of the old symptoms of ill health.

The program includes steadily decreasing the quantity of medication, if any, over a period of time while on the 30-day program, or even before, if possible, until none is being taken. By virtue of this program, one should not need pharmaceuticals as correct body chemistry has been restored.

Dr. Gupta included several dietary suggestions to make the rejuvenation program more effective and "to provide greater relief and peace of mind within three days:"

1. Cut down all sugar, salt, coffee, dairy products, fish, fowl, fried food, processed food and white flour products and polished rice dishes to a minimum.
2. One glass daily of freshly made vegetable juice, i.e., 75% cabbage and 25% mix of spinach, Chinese parsley, watercress and red pepper. Add juice of one half of a lemon before one drinks.
3. Supplement the daily diet with watermelon, grapefruit, the upper one third of three spears of raw asparagus, celery, lettuce and cucumber.
4. Eat only one half a stomach full, leave one quarter for water and the remaining one quarter be left empty for air.

The Guru prescribed several herbs for this program. Some of the herbs (their quantities, and how they were to be taken) that He listed in this program are the following:

Spring of Life (an herbal oil)	One drop in a cup of water with the juice of a lemon, in the morning before breakfast.
Herbs "P", "D", "B" and Tulsi leaves	Take tea each day from one of these four teas, i.e., one day from P, next day from D, third day from B, and fourth day from Tulsi leaves.
Herb "L"	One tablespoon at bed time with a cup of warm skim or low-fat milk.
Herb "A"	One half teaspoon with one fourth cup of water.
Herb "E"	One teaspoon in the afternoon.
Herb "F"	One teaspoon in the afternoon.
Herb "G"	Daily make tea, i.e., one cup of boiling water, add juice of one lemon, one teaspoon of G and one teaspoon of honey.
Holy Saligram Water	Daily one drop on the tongue.
Special Ambrosia	One half teaspoon in the afternoon.
Herb "E/G"	One half teaspoon with one quarter cup of warm water.
SBattee	For better result and faster relief, daily powder and use one pill of the life-saving SBattee with the help of one fourth cup of water.

Guruji noted that for best results in 48 hours, the 30-day use of the above herbs should start after a one day fast on watermelon.

Finally, Guruji recommended the following during the 30-day program:

1. Warm water bath while lying relaxing in the tub for 20 minutes daily.
2. Yoga asanas 10 minutes daily.
3. Pranayama 10 minutes daily.

This program amounts to a 30-day fast that, in exceptional cases for persons doing hard manual labor, may need more food than the ones indicated. In such cases, the following may be supplemented: avocados (preferably Florida avocados), raw pumpkin seeds, tofu, raw sesame seeds, raw walnuts, raw pecans, or sprouted almonds (after peeling the skins).

In case of "false appetite" during the 30-day program, one may eat a piece of watermelon each time, or just sip one half cup of water diluted with one fourth teaspoon of honey and freshly made juice from one half of a lemon. Do this several times before eating any of the items in the previous paragraph. Or take two cups of freshly made watermelon juice per day, one half cup at a time, at intervals of two to three hours, if hungry.

Drink water when thirsty according to one's needs, one quarter to one half cup or more at a time, according to one's needs.

Yogi Gupta said that this program is "indicated to make you live longer and live healthier by adding life to

your years and years to your life!"

If there is sufficient interest, the Society will offer a remote-learning course in Nature Cure that will include details of this 30-day Rejuvenation Program. If you are interested in pursuing the 30-day Rejuvenation Program, some of the above herbs are available from the Yogi Gupta Society, or, for those that are not available, we may have available substitutes.



Laxmanjhula across the Ganges as seen from the Om Tryambakeshwar Temple. The Omkareshwar Temple is on the extreme left.

The Healing Power of Essential Oils

Good health has a frequency, and while there are various natural healing modalities to raise our vibration and to assist us on our path to healing body, mind, and spirit, the use of botanicals in the form of pure therapeutic grade essential oils is no exception and has been used since time immemorial. For thousands of years, the medicinal benefits of essential oils have been known by many cultures around the world. Ayurveda has a 3000-year history of incorporating essential oils into their healing tonics. Vedic literature lists over 700 substances including cinnamon, ginger, myrrh and sandalwood effective for healing. During the outbreak of the Bubonic Plague, Ayurveda was used successfully in replacing ineffective antibiotics. The purpose of aromatic plants and oils were not only for medicinal purposes but were believed to be a Godly part of a nature cure and played an integral role to the spiritual and philosophical outlook in Ayurvedic medicine. In the early eastern Christian churches, Holy Chrism oil, or Myrrh oil, was consecrated symbolizing strength, and the use of the fragrant balsam representing the "Aroma of The Christ" " (2 Cor 2:15) was applied to the forehead in the sign of the cross in the administration of certain sacraments and ecclesiastical functions. Ceremonies are still performed today with anointing Chrism, signifying the Holy Spirits Presence and the receiving of the Gift of the Holy Spirit, the Invisible, Immaterial, Powerful, Vital, and Animating Life Force, or Breath in living creatures.

Essential oils are the extracted essence of the plant in a highly concentrated liquid or oil. Bark, berries,

roots, leaves, peel, resin, flowers, rhizome, woods, and seeds contain highly powerful elements that naturally possess the ability to transform and enhance our well-being through Topical, Aromatic, or Internal applications. Essential oils, a Divine gift from God, each possessing a unique frequency, are available for healing on an energetic level to anyone interested in experimenting with the simple yet complex world of botanicals. Everything is energy, and just as prayer and eating raw fruits and vegetables, sprouted foods, and drinking raw vegetable juices have the power to heal by raising the body's vibratory frequency into good health, too, the blood or life force extracted from the plant source into essential oils, possesses a similar frequency, each of which corresponds to an organ system in the body and/or chakra with its ability to support and heal.

When an essential oil is applied topically to an affected area or particular point on the body that corresponds with an area intended to be treated, the oil is easily absorbed. Essential oils don't dissolve in water, they attach to body fat and fluids while they make their way into the body's systems delivering antioxidants and enhancing immunity. Chemically, essential oils' cell structure is very similar to the human cell structure. The essential oil of a plant and the human blood share several common properties making them highly compatible and bioavailable for healing the body.

According to Dr. Royal Rife, a brilliant scientist and inventor who studied at John Hopkins University, every cell, tissue, and organ has its own vibratory resonance. Working with his frequency generator, he found specific frequencies would destroy a cancer cell or a virus. His research demonstrated that certain frequencies could prevent the development of disease, and that others would neutralize it. Recipes can be found in the Old Testament given to Moses directly from God to be used as sacred anointing oils. Many of these supremely Divine oils, each possessing their very own unique frequency, were used by the ancients and referenced in religious texts to anoint and heal the sick for a reason. A healthy body typically has a frequency ranging from 62 to 78 MHz, while disease begins at 58 MHz. Essential oils provide a positive frequency to the body and contain oxygenating molecules which transport nutrients into the cells. Clinical research shows essential oils having the highest frequency of any natural substance known to man and can create an environment in which microbes, disease, bacteria, virus, fungus, etc., cannot live. For example, Rose oil, vibrating at 320 MHz includes topical and aromatic applications to create inspiration and elevated spiritual experiences for psychic development.

This article's feature oil, Wild Oregano (*Origanum Vulgare*), is one of the most potent and powerful essential oils vibrating at a frequency that has not been determined to date, and has been used for centuries in traditional practices topically, aromatically, or internally. It is classified as one of the strongest antimicrobial oils against broad spectrum microorganisms. The primary chemical component of Oregano is carvacrol, a phenol that possesses antioxidant properties when ingested and is a very power-

ful antiviral and disinfectant. Oregano is very aggressive against all microbes and is a natural anti-inflammatory. Oregano tested at 95% efficiency against candida, E. coli and streptococcus strains.

Due to its high phenol content, caution should be taken when inhaling or diffusing Oregano; only one or two drops are needed. Additionally, Oregano should be diluted with a carrier oil, either coconut or jojoba, when applied to the skin.

Oregano's aroma acts as an enhancer and equalizer when creating essential oil blends. Other ingredients in Oregano include thymol, a natural fungicide with anti-septic properties as well as an immune system booster and shield against toxins. Terpenes known for their antibacterial properties, and Rosmarinic acid a stronger antioxidant than vitamin E, are also beneficial ingredients in Oregano. Rosmarinic acid prevents free radical damage and is instrumental in preventing atherosclerosis and cancer. Rosmarinic acid has shown to be effective in the treatment of allergic asthma and is an effective natural antihistamine. Finally, Naringin the substance that gives grapefruit its bitter taste, has been shown to inhibit the growth of cancer cells and helps boost the effect of antioxidants. Oil of oregano also contains a good amount of the vitamin E complex, as well as calcium, magnesium, zinc, iron, potassium, copper, boron, manganese, vitamins A and C, and niacin.

On an emotional level, Oregano oil is known as the oil of humility and non-attachment. Some of the more negative emotions that can be positively addressed with the use of Oregano oil when dealing with certain imbalances are pride, negativity, obstinacy, or being overly determined, opinionated, or materialistic.

As you can see, the incredible ingredients in Oregano oil and its many benefits are numerous. It is one of God's many perfect designs. Oregano essential oil is one of many in a very long list of essential oils that are still effectively used today to help treat disease. Every living thing has an electrical frequency, and each very powerful botanical contain a transformational life force that can help promote healing on both an emotional and physical level. The chemistry and frequencies of essential oils have the ability to help maintain an optimal health frequency.

— *Jean Kaleugher*



Ruins of Kailashanand Nature Cure Sanitarium as seen from top of Bhootnath Temple.

Vegan Potato Salad

This vegan potato salad recipe was developed by my good friend Roy Crissinger (Swami Jnananand) before he passed away and I had the pleasure of making this for him.

Ingredients

1. 5-6 Yukon Gold Potatoes (about 4 cups)
2. 1 teaspoon dill seed
3. 1 bay leaf
4. 2 tablespoon chopped fresh dill

Cook potatoes with dill seed and bay leaf until potatoes are done, remove bay leaf, drain all water and cool, add chopped dill and mash.

Sauce

- 3 celery stems
- 1 cup chopped sweet pepper
- 2 tablespoon raw honey
- 4-5 raw Brazil nuts
- 2 tablespoons coconut powder
- Juice of 2 lemons
- 1 tablespoon raw sesame seed
- 2 teaspoon apple cider vinegar
- 1/2 medium sweet onion
- 1/4 cup fresh dill
- Coconut water as needed

Blend all in Bullet type machine until smooth. Mix sauce with potato mixture to desired consistency saving any remainder for noodles or such.

— Suzy Campbell

2018 Guru Purnima Celebrations at Bhootnath Temple, Rishikesh



Holy men, renunciants, Sanskrit students and other guests are seen partaking of Prasad during 2018 Guru Purnima celebration at Bhootnath Temple. Swami Chidanand is seen seated next to altar with Guruji's photos.



KMT priests lead the Kirtan in honor of Guruji during the 2018 Guru Purnima celebrations at Bhootnath Temple



Guruji's Shrine containing half His ashes is seen decorated for 2018 Guru Purnima at Bhootnath Temple. The other half of His ashes were sprinkled into the Ganges at Sati Ghat in Kankhal, Haridwar, after His Maha Samadhi in May, 2011.

Contacting Us

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